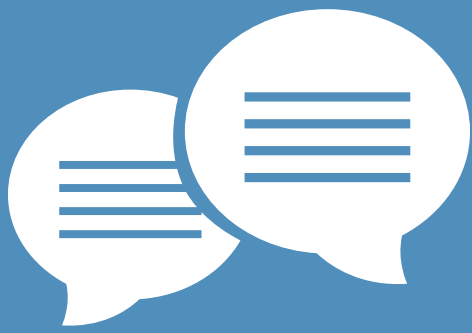


# Tips to be carer aware

FOR AGED CARE WORKERS



## 1.) BE AN EFFECTIVE COMMUNICATOR

Provide clear information that is tailored for their needs. Determine how, when and why they want to be communicated with. For example, written communication instead of a phone call.

## 2.) STRIVE FOR RELATIONSHIP AND PARTNERSHIP

Caring is an emotional journey and can often be very stressful. Partner with the carer, get to know them and how they want to be involved in decision-making. For example, take the time to understand who is involved and other commitments they have in their lives.



## 4.) BUILD TRUST

Be reliable and do what you say you will. For example, being on time shows that you are trustworthy and that you understand what is important to your client and their carer.

